## **IN THIS ISSUE**

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When it comes to foot and ankle care, there shouldn't be barriers between you and the appointment you need. Our team makes it easy through simple technology, and many patients appreciate one of our latest options: booking through texts sent directly to our landline! Just one more way to get the results and relief you need, minus the stumbling blocks:

Contact Us!

## **Stay Connected!**

Our patient portal offers patients convenient online, secure access to your personal health information 24-hours a day. The patient portal can be accessed from any computer or mobile device and is a great way to communicate with our office for Non - Urgent Issues.

With the Batavia Foot Care Center patient portal you can:

- View and/or print your current medical history, medication and allergy lists, including discharge instructions and educational material. • View lab and test results.
- Send/receive non-urgent messages and information to our office staff and providers.
- Send requests for prescriptions refills. • View upcoming and previous appointments; requesting and cancel appointments will be available
- Easily update changes to your personal health history and demographic information. • The ability to receive online statements and pay on your account.
- Grant other adults access to your chart via proxy access.
- To sign up for our portal, you will need an activation code that allows you to log on to your chart to create a user ID and password. You can request access online, or by contacting our office during

office hours at **585.344.1677**. Request Access Online



## We are excited to offer more convenient options to receive patient statements and make

**New Payment and Patient Statement Options Now Available** 

payments on your account. Our new **TEXT TO PAY** feature allows patients to receive their statement via text or email either in addition to or in lieu of a paper statement. Included in the text or email is a link for the patient to pay the amount that is owed.

Read More on Payment Options

Text to Pay Tutorial Video

# Read the Rules Now

**My Podiatrist's Pedicure Rules** 

Dr.'s Remedy Nail Polish is Available in Our Office

**Tolcylen Nail & Skin Care Products** 

Market-leading, clinically proven formulations.

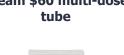
PODIATRIST-FORMULATED NAILCARE Dr.'s Remedy luxury lacquers will nourish your nails without harsh chemicals or toxins



found in the other brands. Using a wellnessinspired approach, this product line will maintain strong, healthy, and beautiful nails without harmful chemicals. Read More Here

### Dispensed through physicians' offices **Tolcylen Micro-Tolcylen Therapeutic** Tolcylen **Tolcylen Antimicrobial** cleansing Foot Soak **Keratolytic/Antifungal Foot Soak Shoe Spray \$23 multi-**\$65 multi-dose pouch \$85 multi-dose pouch **Cream \$60 multi-dose**















**Custom Orthotics Available** 

View Full Product Information



molds of the feet instead of the old-fashioned foam impressions or plaster molds. We are upto-date with all technology. We always like to mention that all of our orthotics are different for every patient, and we take every detail into consideration, including height, weight, activity level, shoe gear style, and individual biomechanical disorders to make the perfect orthotic for each and every patient. We make Orthotics

We have the cutting-edge technology for using a 3-D CAD CAM scanner in our office to take 3-D

that can fit into all types of shoe gear from stilettos to steel toe work boots and everything in between. We have made orthotics to fit into professional ski boots and all styles of cleats for football, soccer, and baseball. **FEATURED ARTICLES** 

# **Diabetes and Your Feet**

### November is here! And while we're all busy making Thanksgiving plans, this month also marks National Diabetes Awareness Month. It's the perfect time to spotlight how this condition impacts nearly every system in the body,

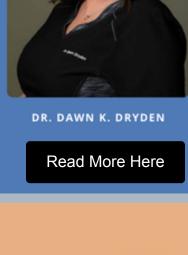
including your feet. While managing blood sugar and nutrition often take the spotlight, foot health is sometimes overlooked. **Click Here to Read More** 



## celebrate Thanksgiving together. However, with travel comes the potential for an unwanted guest this holiday season: foot issues. While traveling brings excitement, it can also take a toll on your feet.



**Click Here to Read More** MEET OUR DOCTOR





# Recipe courtesy of skinnykitchen.com THIS MONTH IN NOVEMBER

Squash

Click Here for the Full Recipe

Mon

3

4

### **NOVEMBER** 1 All Saints' Day Tue Wed Thu Fri Sat

**INTERESTING DATES** 

(1)

8

2 All Souls Day
2 Daylight Saving Time Ends at 2 a.m.
11 Veteran's Day
20 Hanukkah Begins
27 Thanksgiving
28 Black Friday

Sprouts

Click Here for the Full Recipe

Recipe courtesy of skinnykitchen.com

afety and weather forecasting. Howard Carter discovered the entrance to King Tut's November 7, 1916 – Jeannette Rankin of Montana became the first woman elected to Congress.

**REQUEST AN APPOINTMENT TODAY!** 

November 27, 1924 – The first Macy's Thanksgiving Day Parade marched through New



York City, starting a beloved holiday tradition.



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